**In our absence during normal business hours the following doctor can be reached for emergencies:**

Dr Schrijver

Ligt 1a

tel: 040-2532570

(appointment only)

**Pharmacies:**

Heikant Dommelshei 2 2546022

De Locht Libra 12 2542315

BENU de Ligt Ligt 1B 2532379

Zonderwijk Sterrenlaan 26 2532106

De Run De Run 4600 8889035

De Bolzen Kruisstraat 23a 8516870

**11-2022**

**Tel: 040-2549976**

**(for emergencies: press 1)**

- To make appointments, surgery opens at 8:00 am

- For repeat prespriptions, (blood)test

 results, etc, please phone between

 10:00 -12:00 am

 - For testresults or If you have a short question for the doctor you can also visit our website: [www.deligt.praktijkinfo.nl](http://www.deligt.praktijkinfo.nl)

 You will need to register on the site

 beforehand.

- It is also possible to request repeat prescriptions via:

 [**www.deligt.praktijkinfo.nl**](http://www.deligt.praktijkinfo.nl)

 Within Veldhoven, prescriptions ordered before 11:00 will be sent to the pharmacy automatically. They will be ready to pick up the next (working) day.

- For a telephone appointment with your doctor, please contact the surgery between 8:00 -1200 am. The doctor will phone back between 12:00 and 13:30

- Evenings, nights and weekends, for matters of urgency that cannot wait, the “Dokterspost” is available.

Tel: **040-2660505**

(Please keep your insurance details ready)

Surgery for General Practice

Heemstra&Horstman

Ligt 1A

5503 CA Veldhoven

Tel: 040-2549976

**(for emergencies: press 1)**

**Evenings/nights/weekends:**

**040-2660505**

[**www.deligt.praktijkinfo.nl**](http://www.deligt.praktijkinfo.nl)

**https://home-Mijngezondheid.net**

**Welcome to our Surgery !**

If you have any questions after reading this leaflet, please don’t hesitate to contact us.

**Doctors:**

Mrs. C.G. Heemstra-Borst

(Monday, Tuesday morning and Thursday)

Mr. M.A. Horstman

(Tuesday afternoon, Wednesday and Friday)

**Receptionists :**

Monique Boelens

Esmee Spang

When contacting the practice, the phone will be answered by one of the receptionists. They can make an appointment for you for the Doctor’s clinic, but they are also trained to give advice on common diseases and ailments. Furthermore, they can help you with (for example) : syringeing your ears, PAP smears, injections, removing stitches, taking your blood pressure, etc.

 For this, you can make an appointment at the times mentioned at the back of the folder.

**Website**

There is more information on our website (although, alas , in Dutch):

[**www.deligt.praktijkinfo.nl**](http://www.deligt.praktijkinfo.nl)

On the website important information can be found, like when the practice holidays are. It is also possible to make appointments, request repeat prescriptions, print out the form for traveller’s consultation, or submit an E-consultation.

Of course, it is also possible to make appointments, or request prescriptions or forms by phone or at the desk.

**Appointments**

- The surgery is open to make appointments from 8:00 am onwards. When you phone before 9:30, it is our aim to have an appointment available for you on the same day. If, for whatever reason, this is not possible, we will offer you an appointment on another day.

.

- When making an clinic appointment, the receptionist will ask for a concise reason for your visit. This is necessary to estimate the time needed for consultation. She is also able to give advice on common ailments.

- Online, appointments can be made via [www.deligt.praktijkinfo.nl](http://www.deligt.praktijkinfo.nl) .

- If your **medical** situation prevents you from attending surgery, a visit from the doctor can be requested.

However, at the surgery offers better opportunities for examination and treatment.

**Prescriptions**

Repeat prescriptions can be requested by phone (10:00 -12:00 am) or via the website. [www.deligt.praktijkinfo.nl](http://www.deligt.praktijkinfo.nl)

You will need to register on the website. After receiving notice of registration by mail, it is possible to request repeat prescriptions online. Prescriptions requested before 11 am will be ready to be picked up from the pharmacy by the next working day.

**Wart Clinic**

You can make an appointment with the assistant

**Drop off and Pick up**

- Urine samples can be brought in until 10:00 am

When it is not possible to drop off the sample straight away, it is advised to keep it refridgerated. Urine has to be fresher than 2 hours to give a reliable test result.

- Referral letters can be picked up between

8 am and 5 pm

**Practice nurse**

Cindy Bijnen

Referrals can be made by the doctor. The Practice Nurse does check-ups for chronic patients, like diabetics or asthma sufferers. She can also help if you are considering to stop smoking, or with the prevention of cardiovascular disease. All patients are discussed weekly with the doctors, and they are available for immediate consultation in case of urgent problems. Appointments via the receptionists.

**Counsellor:**

Fons van Sambeek

Referrals via the doctors, appointments via the receptionists

The counsellor is the person to see for mental health issues.

**Youth Counselllor**

Ellen Ewalts

.